

GREEK CATHEDRAL  
AGHIA SOPHIA

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### **MEMORIAL SERVICES - MNIMOSINA**

Memorial Services (Mnimosina) can take place on Sundays in the form of a trisagion carried out after the Divine Liturgy with all the congregation present before the giving out of the holy bread/antidoron.

Private services can be arranged on other days of the week, please contact the Church Administrator or the Priest. Telephone: +44 (0) 203 887 0692 or +44 (0) 207 229 7260, email: [info@stsophia.org.uk](mailto:info@stsophia.org.uk).

**In all cases the name(s) of the departed need to be given to the serving Priest in advance.**

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Memorial Services take place 40 days after the individual's passing away, then at 3 months, 6 months, 9 and 12 months. The 40-Day and One Year anniversary memorial service are usually open to a wider circle; the interim ones are normally held for close family members.

Additionally, smaller trisagion services are also held on the third and ninth days after the person has passed away, before the 40-Day Memorial Service.

After the One-Year Memorial Service, the departed's memory can then be commemorated annually, as well as on the four Saturdays in the ecclesiastical calendar set aside for the Commemoration of Souls (Psychosavvata)

#### **Requirements**

Traditionally the 40-day, One Year anniversary Memorial Service are marked with kolyva.

All other memorial services should include a prosforo (a specially made bread with a seal, which is used for holy bread/antidoron)

An offering of olive oil and sweet red dessert wine (anama) may also be included. The oil is used for the church's lanterns (kandylia) and the wine for Holy Communion.

The memorial table will be prepared accordingly by the Priest/Vergar and may include flowers and/or a photograph of the deceased, if desired.

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#### **Further Information**

For the provision of kolyva, please contact the Church Administrator. Telephone: 44 (0) 207 229 7260, email: [info@stsophia.org.uk](mailto:info@stsophia.org.uk)

For prosfora and other supplies: Athenian Groceries, 16a Moscow Rd, London W2 4BT. Telephone: 020 7229 6280. The prosforo needs to be ordered 4 days in advance of the memorial service.

***Please note Memorial Services CANNOT be held:***

From the Saturday of Lazarus until Sunday of Doubting Thomas (inclusive) after Easter.

At Pentecost and on the Assumption of the Holy Mother of God (15<sup>th</sup> August)

Between Christmas and Epiphany. (25<sup>th</sup> December to 6<sup>th</sup> January)

Also it is recommended that Memorial Services should be avoided on the Feast of the Church (Ascension Day/Analipsis) and other principal Holy Feast Days and Doxologies, (e.g., 25<sup>th</sup> March, 28<sup>th</sup> October, please check with Administrator or Priest).